

November 2018

Dear Parent/Carer

Relationship and Sex Education (RSE)

I am delighted to inform you of the updated key strands we will be delivering in the RSE programme this academic year.

RSE is an important part of a young person's education and our aim is to provide students with factual information about puberty, body image, relationships and sexual health. The programme we will be following will be delivered in two modules delivered over the course of the academic year. Module one will be delivered in the first half of the spring term 2019 and Module two in the summer term 2019. The overview of the content covered for each year group is listed below:

<p>Year 7 Friendships, diversity and prejudice, self-esteem, romance and family life.</p>
<p>Year 8 Racism, discrimination, online safety, sexuality, introduction to consent and contraception.</p>
<p>Year 9 Managing conflict, tackling prejudice, healthy relationships, consent, risks of STIs, sexting and pornography.</p>
<p>Year 10 Tackling relationship myths, coping with break ups, understanding families, parenting skills, understanding change, bereavement and loss.</p>
<p>Year 11 Personal values and communication in relationships, domestic abuse and forced marriage, British values, community cohesion and challenging extremism and radicalisation.</p>

If you would like any further information about the planned RSE programme or would like to discuss your child's involvement, then please do not hesitate to contact myself or Mrs. Holt on 01582 870900.

Yours sincerely,



Mrs. P. Whiting
Assistant Headteacher