

2nd April 2025

Dear Parents and Carers,

Re: Mental Health Support Team (MHST) - Parent Coffee Morning

I am delighted to invite you to our first MHST Parent Coffee Morning on **Thursday 24th April 2025 commencing at 9.00 - 10.00am** at Stopsley High School.

The MHST team currently supports and works with the school and other local schools in the area with students who may have mild-to-moderate mental health issues, such as anxiety and low mood. They also give timely advice to school staff and liaise with parents and external specialist services to help children and young people access timely support.

The coffee morning is an opportunity for you to come along and get to know the team and what support is available for your child.

If you would like to attend please complete the attached '[Registration Form](#)'.

I look forward to meeting you at the coffee morning, please do not hesitate to contact me directly should you have any further questions: emorgan@stopsleyhighschool.co.uk

Yours faithfully,

E. Morgan

Ms E Morgan
Inclusion Support