

Student Update: 29th June 2021

Covid-19 update: Staying with Stage 3

Here is just a quick reminder that we are staying at Stage 3 of lockdown restrictions. Remember to continue with social distancing measures, including wearing a face covering in shops, on public transport or in places where it is difficult to keep 2 metres away from other people (unless you are exempt). Please follow the guidance given to you by your school about wearing face coverings in corridors and classrooms.

You can find out more information here: <u>Guidance on what you can and cannot do</u> or ask your school.

## **Virtual Work Experience Opportunity**

Are you a future leader? Do you want to find out more about careers in construction? Can you design a school for the future? If so, this virtual work experience opportunity is for you!

Willmott Dixon are providing a week of virtual work experience for management careers on 26<sup>th</sup> – 30<sup>th</sup> July. This work experience will give students aged 14-19 years the opportunity to find out more about careers in construction management, develop employability skills, whilst challenging themselves and designing a school fit for the future!

#### Find out more here:



You can find a link to the application in the flyer and you will need the consent of a parent, guardian or carer to participate.

### Can you go plastic free this July?

Did you know that July is 'Go Plastic Free' month in England, Australia and many other countries?

Why not use the new month as an opportunity to reduce the amount of single-use plastic you use? Here are some ways to reduce plastic waste:

- Try using a reusable water bottle
- Say no to plastic bags try a cloth bag instead
- Swap your plastic toothbrush for a wooden one
- Switch from felt-tip pens to wooden pencil crayons
- Try swapping to a shampoo bar instead of a bottle of shampoo



# Platinum Jubilee Design Competition: reminder

Don't forget you have until the 16<sup>th</sup> July to enter the competition to design an emblem for the Queen's platinum jubilee. If you win, your design will be featured on social media, commemorative products and feature in an exhibit at the V&A museum.

Remember you design needs to include a crown and be:

- Creative: your design must be striking and original.
- Usable: the design must be simple enough to work on small and large scales, in black and white and in colour.
- Relevant: it needs to be easy to recognise and relevant to The Queen's Platinum Jubilee.

You can find out more about how to enter and the full competition rules here: <u>V&A</u>. The <u>Platinum Jubilee Emblem Competition (vam.ac.uk)</u>. Don't forget to check with your parent or guardian that they are happy for you to enter the competition.

### **Getting help with your feelings**

As the summer holidays approach, lots of you will be looking forward to a rest and spending time away from school. But, we also know that some of you might be worried about the change in routine or not seeing your friends for a while.

Whatever you are feeling, remember there are lots of people you can talk to including your teachers, friends and organisations that help young people.

If you are feeling anxious, worried or would just like some more information on managing your feelings and emotions, you can get more information about support from the following organisations:

Remember, there are people that can help you if you are feeling worried, anxious or unhappy about things. You can speak to your school for help or visit one of the following websites:

- Young Minds
- Kooth
- Every Mind Matters NHS
- CHUMS
- Childline

Don't forget, you can also speak to an adult at school if you have any concerns, worries or just want to get some advice.

