



• STUDENT VOICE •

NEWSLETTER

Ambition • Endeavour • Success

Welcome

Hello and welcome to this week's edition of the Student Voice newsletter. This week we have our last Head Prefect Interview, an exclusive interview with Mary, who helped the Journalism group at the University of Bedfordshire, helpful tips about dealing with exam stress and information on our Sports Leaders. We hope you enjoy this look inside the #stopsleyexperience.

CHARLOTTE LOVELOCK
Assistant Editor

Exam Stress

This week has been very important for all of the year 11's everything they have learnt and been taught has all been prepared for this. The wait is over the year 11's will finally be sitting their GCSE exams. We all know this time is going to be very stressful and there are a number of ways that the year 11's can cope with exam stress:



1. Even though you are trying to cram as much revision as you can into the time left, you need to remember to eat regularly and get a good amount of sleep.
2. If you are feeling upset, anxious or stressed talk to someone! Don't bottle it up inside.
3. Positivity, confidence, and persistence are key in life, so never give up on yourself.
4. Believe in yourself, set yourself goals daily to encourage you to carry on.
5. Remember to take your time and breathe when you are feeling stressed!
6. Plan your Study Routine and see if there's any study apps you can get for your subject.
7. Break Free from Distractions

Good luck year 11's you will all smash it and I hope you achieve the goals you set yourself and get the grades you wanted. Your friends and family are cheering you on, you are almost at the finish line.

By Kenza Jerbi & Keira Hughes

Week 31 24/05/19

3 Key Features of the Student Voice Group

1. Determined
2. Enthusiastic
3. Empathetic

Term Dates

School Closes: Friday 24th May 2019

School Opens: Monday 3rd June 2019

House Points

Board

 Corinth 73509

 Olympia 76317

 Delphi 84985

 Hellenic 79743

Sports Leaders

A couple of weeks ago students were selected to become part of the sports leadership team. The students were selected for their leadership skills, interest in sports and determination within the PE department. The sports leadership team have been training for multiple events for the younger generation. They have led a primary school football skills afternoon and the Year 5 & 6 quad kids athletics competition. However there are many more to come, at the moment the team is training with a rugby coach to teach Year 6s, that are coming up to high school, a little bit of rugby on induction day.

Thanks to their interest in taking a role as a sports leader, our younger generation can look up to the team and see how great leading sports is. We hope our sports leadership team will encourage others to take their role in sports further.

“Year 9 sports leaders demonstrated a range of skills to ensure the primary schools athletic event went smoothly” *Mr Swain, PE Teacher*

By Aimee Christian & Ella Larman

HeadPrefect Interview

With Yumna Agha

What made you want to become a prefect?

I wanted to be a prefect so that I could help people in a way that would be positively influential.

What do you enjoy most about being a prefect?

I really enjoy the relationship that I have with other students and that I get recognition for doing something good.

What is your favourite lesson?

My favourite lesson is History because I enjoy learning about the past and influential people.

How would you like to use your influence as a head prefect?

I'd like to change things in school that would appeal to both teachers and students and that everyone would agree to.

If you could give one piece of advice to other students, what would it be?

My one piece of advice would be to be yourself and to never give up.

Interviewed by Charlotte Lovelock



Website Quick Links:

[Revision page](#)

[Calendar](#)

[Letters to parents](#)

[Parent View](#)

[GCSE POD](#)

[Science Revision order form](#)

[SIMS Parent App](#)

[Rewards Day Letter](#)

Uniform Notice

The Summer polo shirt is being phased out as of September 2019



Aerosol Notice

We have made the decision to ban aerosols from school for health and safety reasons. Please can you ensure students only bring in roll-on or stick deodorants in future.



Broadcaster Mary Ferguson

What is your job title?

My title at the university is Tutor of Broadcast and Digital Media

What inspired you into your career path both as a BBC journalist and lecturer at the UoB?

Interestingly both careers weren't planned! After college, I saw an advert for trainee assistant picture editor role in BBC TV News, but I didn't really understand what it was! I thought I would just be sticking labels on boxes. After a few months I finally realised that I was being trained to become a news video editor. I was fortunate enough to be made up to an editor within two years.



What do you most enjoy about working in your job?

I absolutely love working with young people and teaching them skills that will help them get their degrees and find work in the industry. Their graduation ceremony is a very happy event and I feel very proud that I helped them get there.

What made you want to create the news snap workshop that we attended?

I felt that these young people might benefit from learning how a news bulletin is created and to show them the kind of jobs that might be open to them, should they decide to become journalists.

How has technology changed journalism?

Nowadays, with the use of smartphones, "mobile journalists" are able to get "on air" quicker than by using traditional large cameras. They can now shoot and edit high quality video and audio on their smartphones. Sharing their stories straight away onto social media platforms means the news is accessible to everyone and can go online much faster so news spreads very quickly. Nowadays everyone can be a journalist if they have a good smartphone!

In your opinion what do you think is the current state of journalism and how will it change in the future?

I think there will always be an appetite for news. Journalism is all about finding and sharing new stories. That won't change, but HOW we consume news is changing. Very few people read newspapers, and they don't want to have to wait for a news programme at Six O'clock or Ten O'clock.

What skills and qualities do you think a young person considering journalism would need?

Basically they need to be very nosy! They have to want to know everything, whether its something like Brexit or what's happening in the Trump administration. They need to be resilient and flexible because working in news can mean long shifts, sometimes a 12 hour day on a big story and they may need to travel at short notice. One day you may be at Westminster reporting on a General Election and the next you could be interviewing Adele on her latest Brit Award. Being a broadcast journalist is never boring!

Interviewed by Keira Hughes

Upcoming Events

Weekend	14 ^h to 16 th June	DofE Bronze Assessed Expedition
Tuesday	18 th June	Year 8 Trip to Whipsnade Zoo
Thursday	20 th June	Parent Voice 6pm

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